

# 2019



Are you looking for a summer workshop that provides you with engaging, interactive learning with resources for your classroom? A Food, Land & People workshop is for YOU!!

Our workshops have a reputation for providing educators with high-quality, relevant training. Created and published by Project Food, Land & People (FLP), the hands-on lessons provide critical -thinking activities, timely background information, measurable objectives, and references that distinguish them in classrooms across the country. During these workshops you will experience lessons that are easily integrated into your current curriculum and engage your students in their learning. They **enhance a STEM classroom** with their interdisciplinary approach. The lessons include alignments to the standards for Next Generation Science, National Family and Consumer Science plus English and Language Arts.



Fun hands-on tours!

- ◆ The two day classes meet the necessary requirements for **1- 600 level credit** from **NDSU**. Cost for each class is \$50, with **scholarships available** on a first come, first awarded basis.
- ◆ The FLP program is constantly developing new and relevant classes to meet the needs of our educators.
- ◆ The courses consistently receive outstanding evaluations from educators who attend the courses.
- ◆ We will come to YOU and your school at **NO COST!** We ask for a minimum of 10 educators with a maximum of about 30.
- ◆ Questions: contact Jill D. Vigesaa [jill.vigesaa@gmail.com](mailto:jill.vigesaa@gmail.com) or 701-799-5488



Fast-pace workshops !

## One Credit Summer Classes

All are interdisciplinary courses for K-12

### FLP Summer Institute— “Break Out with STEAM!”

We are excited to explore STEAM concepts and have some fun with “BREAK OUT” for your classroom. Breakout is one of the most buzzed about innovations that is engaging students outside of the electronic technology world. It has the appeal of an “ESCAPE ROOM,” a recreational team sport where participants get locked in a room with friends and use their collective wits and creativity to break out. However, instead of a locked room, students must work together in teams to figure out how to get inside a locked box. The boxes are accessed through use a collection of hasps, locks, invisible ink pens, QR codes, and other challenges.



Engaging Activities!

Each FLP course is designed to provide meaningful activities, instructional strategies, materials and research to enhance the teaching skills of **Pre-K- 12th** grade educators in subjects related to food, land and people.

- Develops **problem-solving and critical thinking skills**.
- Promotes **collaboration and teamwork**.
- Fosters a **growth mindset** – failure is okay when you’re playing a game. Part of the fun is trying again. Feelings of insecurity turn into “Yes! I can do this!” when the students solve the challenge!
- Encourages **perseverance** – some students give up easily when faced with a challenge. In attempting to break out, they begin to see that “intelligence” doesn’t count as much as the willingness to keep trying.
- Accesses **content knowledge** – the puzzles can be built around content being covered in class and, even better, students can practice their reasoning skills to create games for each other, using subject area content clues.

**FLP I 2109**—This class is a celebration of how cultures around the world developed based on what the land provided and an awareness of human connections to one’s environment. The course includes an introduction to across-the-curriculum lessons. This course is a favorite among educators across the state!

Educators may take the FLP Classes in any order and ALL of the remaining summer courses will be a new FLP credit, for alumni teachers as well.

**Dickinson FLP Institute BreakOut with STEAM! July 23<sup>rd</sup>-24<sup>th</sup> \*\*New Credit**

**Fargo FLP Institute BreakOut with STEAM! – July 30<sup>th</sup>-31<sup>st</sup> \*\*New Credit**

**Rugby FLP Institute BreakOut with STEAM! August 6<sup>th</sup> -7<sup>th</sup> \*\*New Credit**

**Midkota School—Binford FLP I 2019 Intro Class August 12<sup>th</sup>—13<sup>th</sup> \*\* New Credit**



Lots of interaction with peers!

CLICK ON OR VISIT THESE LINKS TO REGISTER:  
[www.ndfb.org/edusafe/flp](http://www.ndfb.org/edusafe/flp) [NDSU Distance & Continuing Education](http://NDSU Distance & Continuing Education)

For questions contact:  
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