Gebing -Grade Level: Any Subject Area: Science

#### \*Materials:

Clear plastic glove

5 cotton balls

5 types of seeds (3-4 of each type - Option A: Seeds enclosed - Pot Marigold, California Poppy, Dwarf Morning Glory Dragon Flower, Annual Baby's Breath & more... Option B: lettuce, carrot, cucumber, tomato, broccoli...)

Pencil Water

water

Marker

Twist tie

#### \*Directions:

- 1. Write your name on a clear plastic glove.
- 2. Wet five cotton balls and wring them out.
- 3. Place 3-4 seeds of the same type on each cotton ball (or dip cotton balls in the seeds to pick them up)
- 4. Put a cotton ball with the seeds attached into each finger of the glove. Hint: You may need to use a pencil to get the cotton ball all the way to the tip of the glove finger.
- 5. Blow up the plastic glove and close it with a twist tie.
- 6. Tape the glove to a window, chalkboard, or wall. You may want to hang a clothes line under a chalk tray and use clothes pins to hold the gloves on.
- 7. The seeds will germinate in 3-5 days. Keep a plant diary and look at the seeds under a microscope.
- 8. Transplant the seeds about  $1\frac{1}{2}$  to 2 weeks by cutting the tips of the fingers off the glove. Transplant the cotton ball and small plants into soil or sphagnum moss.
- 9. \*Transplant into a pretty paper cup for a "Mother's Day" gift!
- 10. After growing to full size, plants can be made into a salad if Option B was used.

# Talking Points

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## Activity Extentions:

- Instead of individual plants, your class can plant a "garden" in a large, plastic dishpan or small swimming pool. (Note: Before filling the pan with soil, spread small rocks or charcoal in the bottom for drainage.)
- Field trip to a nursery
- Bring in fresh vegetables from a garden, like corn. Have students help prepare the vegetables for a meal.

## Health & Nutrition:

• Discuss the many parts of a plant that we eat, such as the root (potato), flower (cauliflower), seed (corn), fruit (tomato), stem, (asparagus), and leaves (spinach).

## Agriculture Connections:

- Plants are agriculture products.
- Purposes for plants Clean air, provide food, produce oxygen, & beautification.
- List types of plants that grow in North Dakota.
- What do plants need in order to live?
- What things do we need in order to live?

# Recipes

## Sunflower Seed Candy

Ingredients: 1 Cup of each of the following: Nonfat dry milk, honey, peanut butter, sunflower seeds, & sesame seeds

Directions: Mix ingredients thoroughly. Shape into one-inch balls. Roll in sesame seeds to coat.



